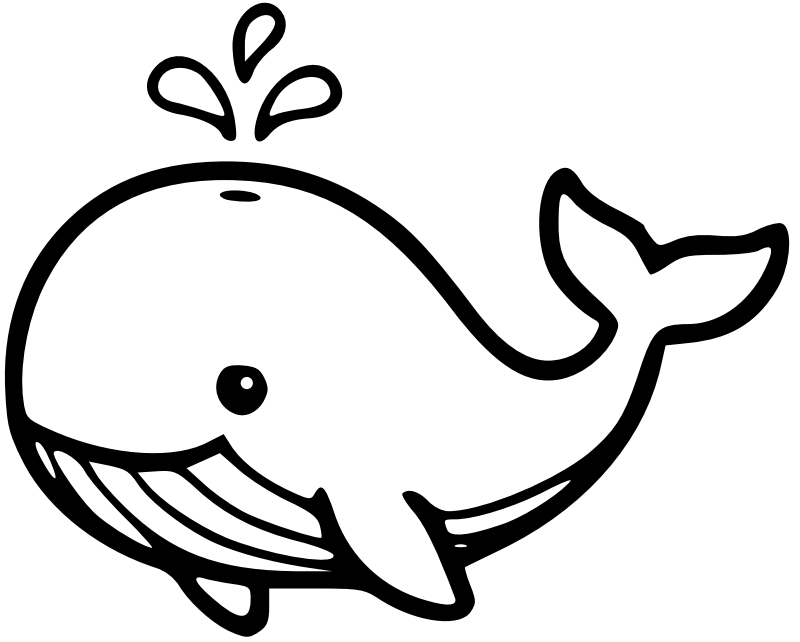
I LOVE MYSELF UNCONDITIONALLY NO MATTER WHAT, FOREVER AND ALWAYS



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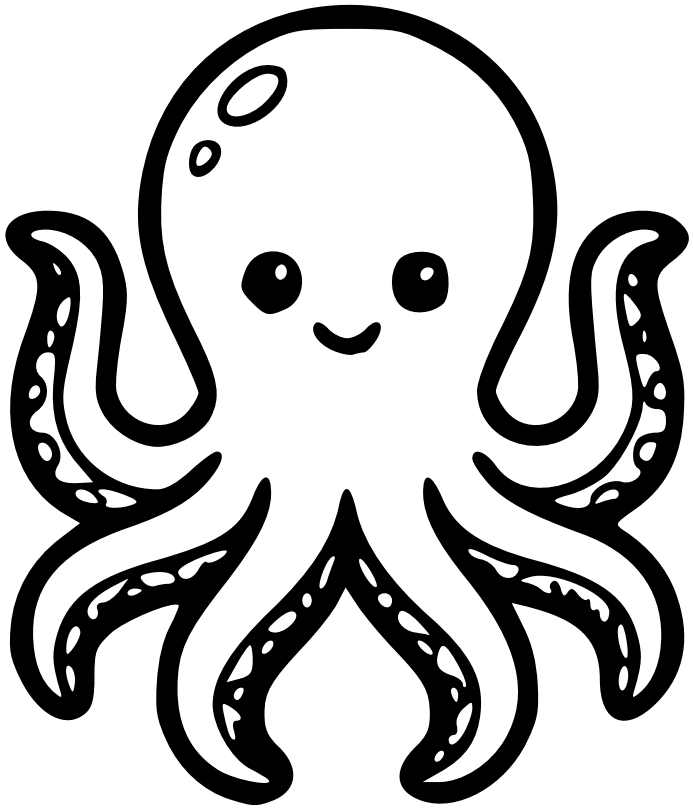
MY VOICE IS POWERFUL



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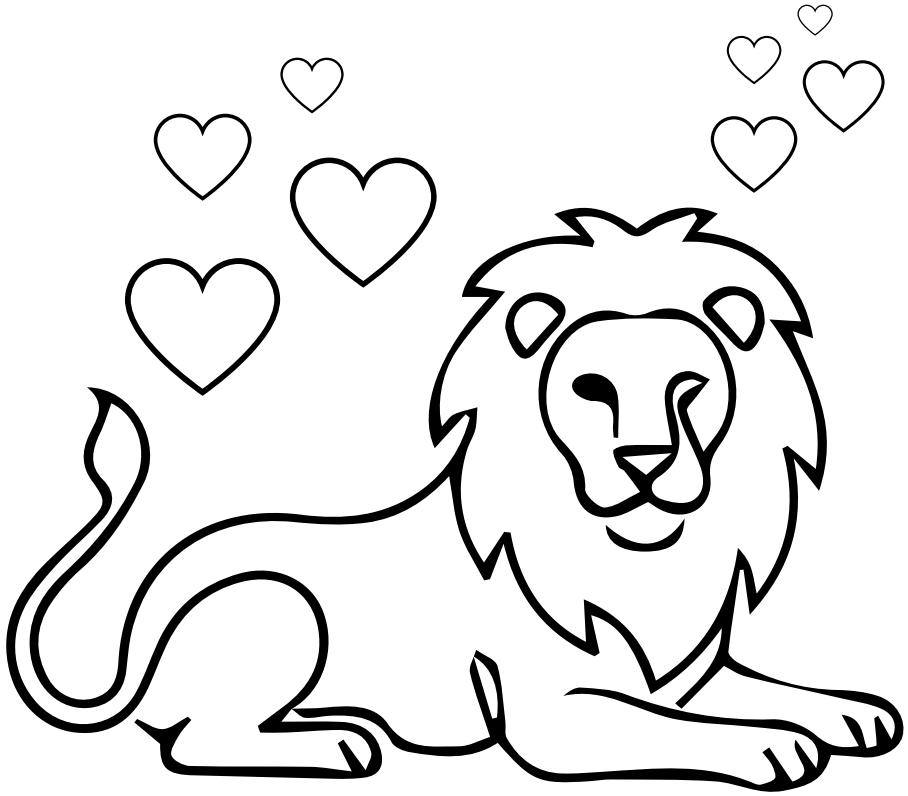
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MY FEELINGS & PERCEPTIONS ARE ALWAYS VALID



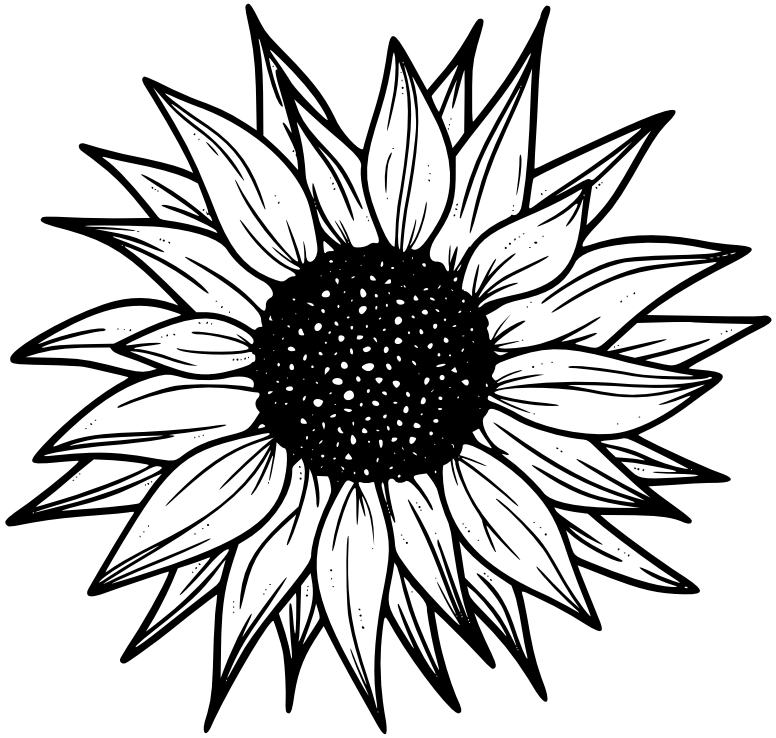
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I COURAGEOUSLY SHARE MY TRUTH



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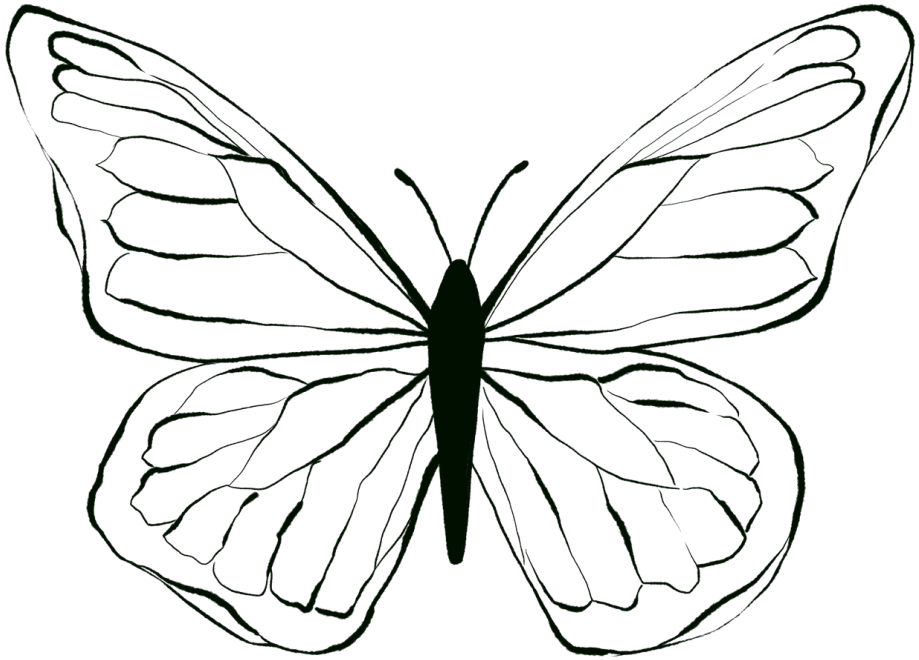
I EXPRESS MYSELF SAFELY, CREATIVELY & FREELY



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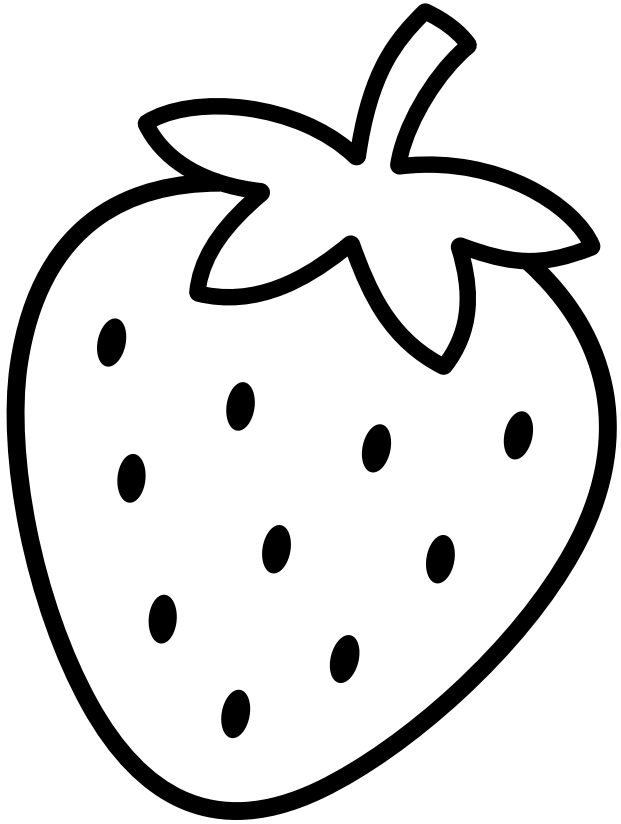
I AM WORTHY OF KINDNESS, CARE, RESPECT, UNCONDITIONAL LOVE & EMPATHY



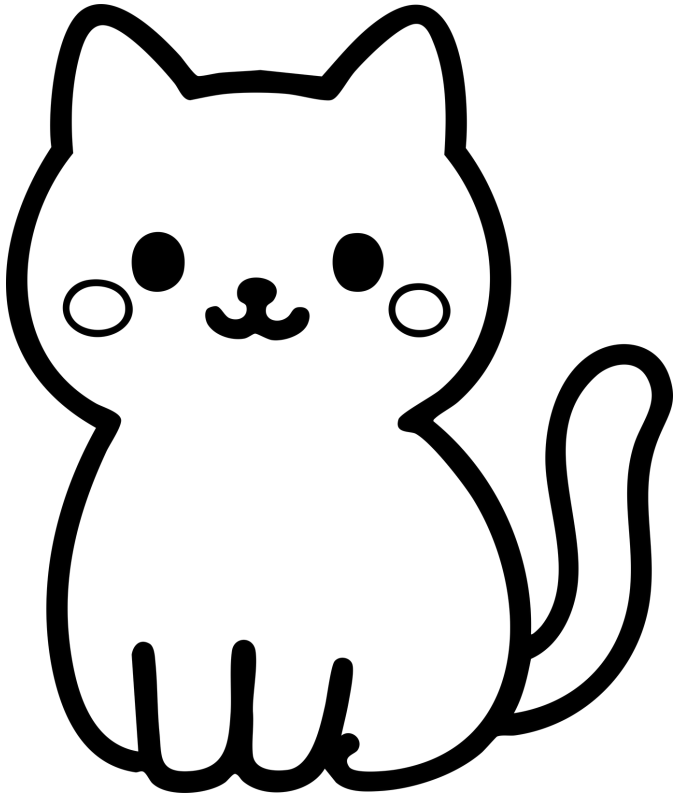
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I BELONG

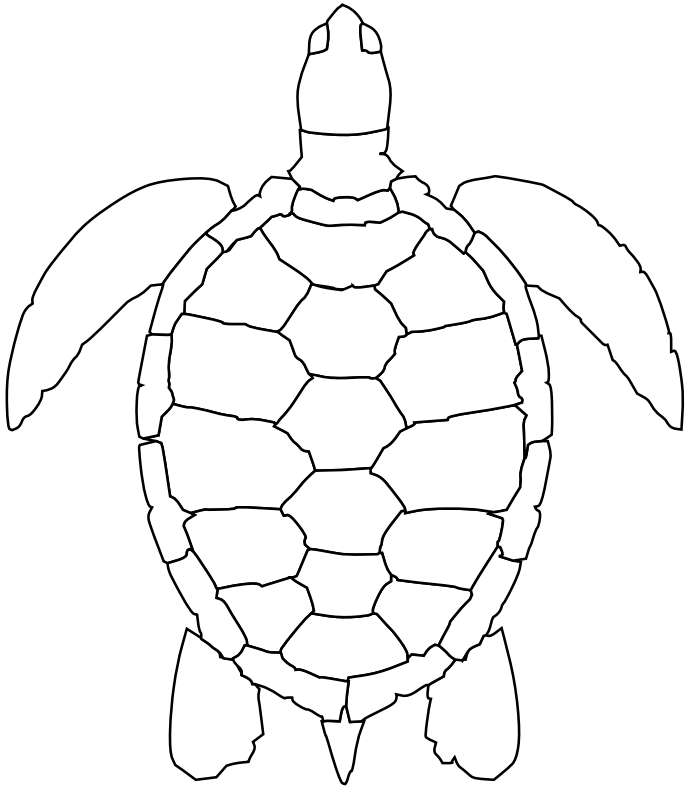


I AM NOT ALONE



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I SLOW DOWN WHEN
I NEED TO AND
LISTEN TO MY BODY

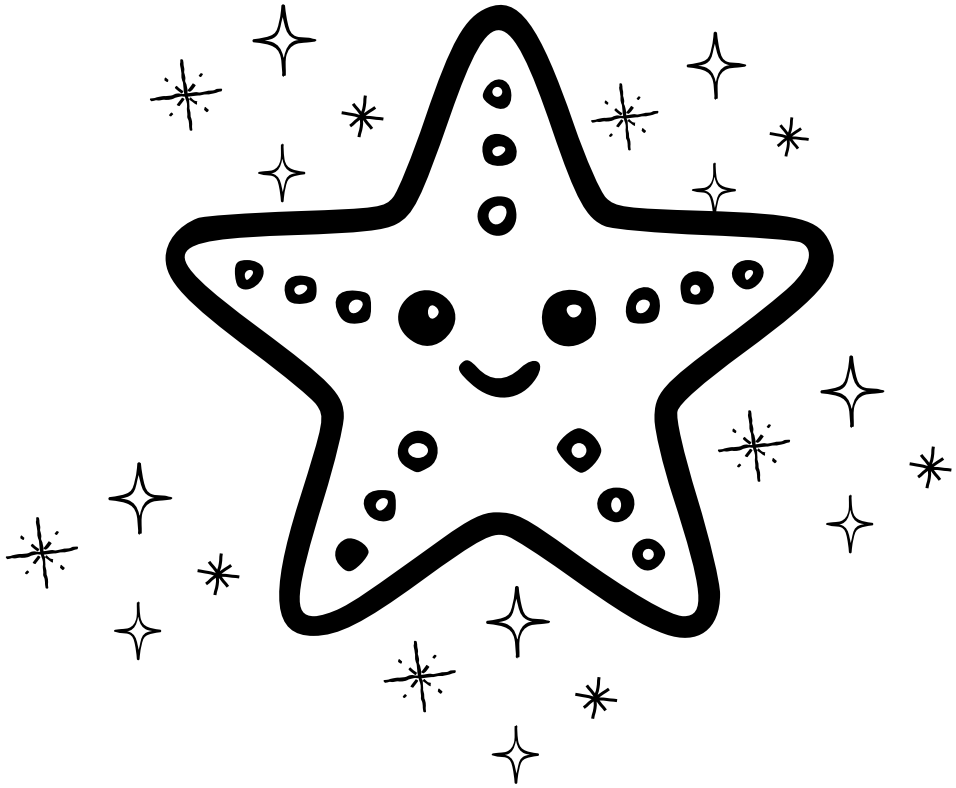


I BELIEVE IN
MYSELF



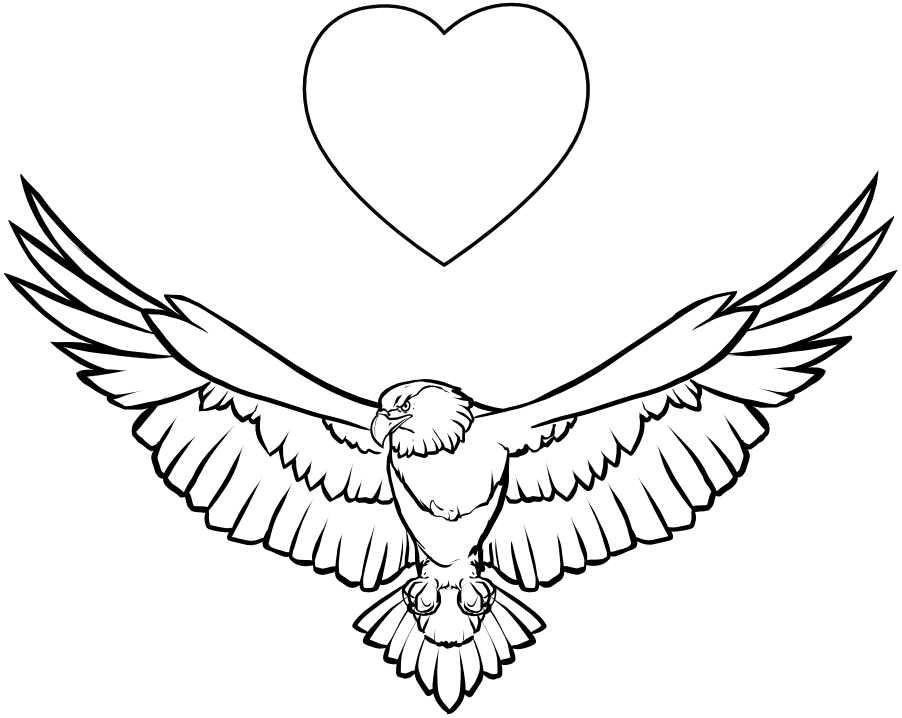
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I AM A BRIGHT SHINING STAR!

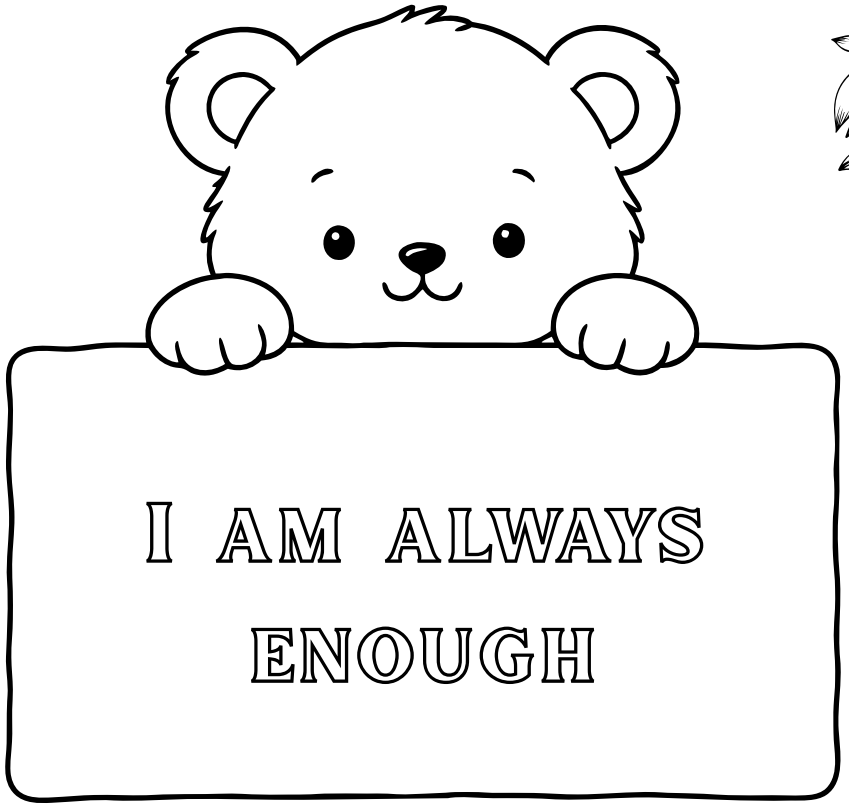


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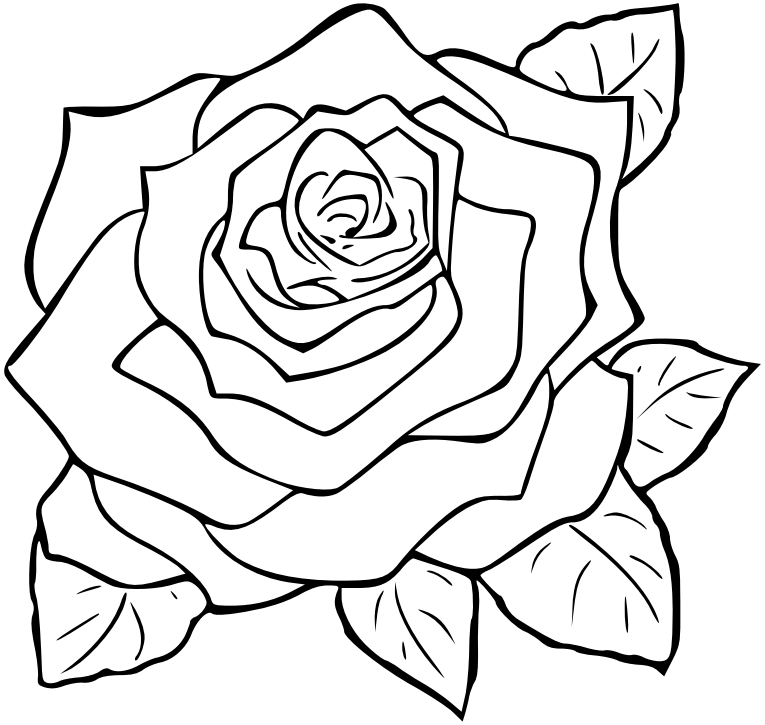
I AM CONNECTED TO MY HEART



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I AM SAFE AND LOVED
UNCONDITIONALLY



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I CAN SPEAK UP FOR MY NEEDS



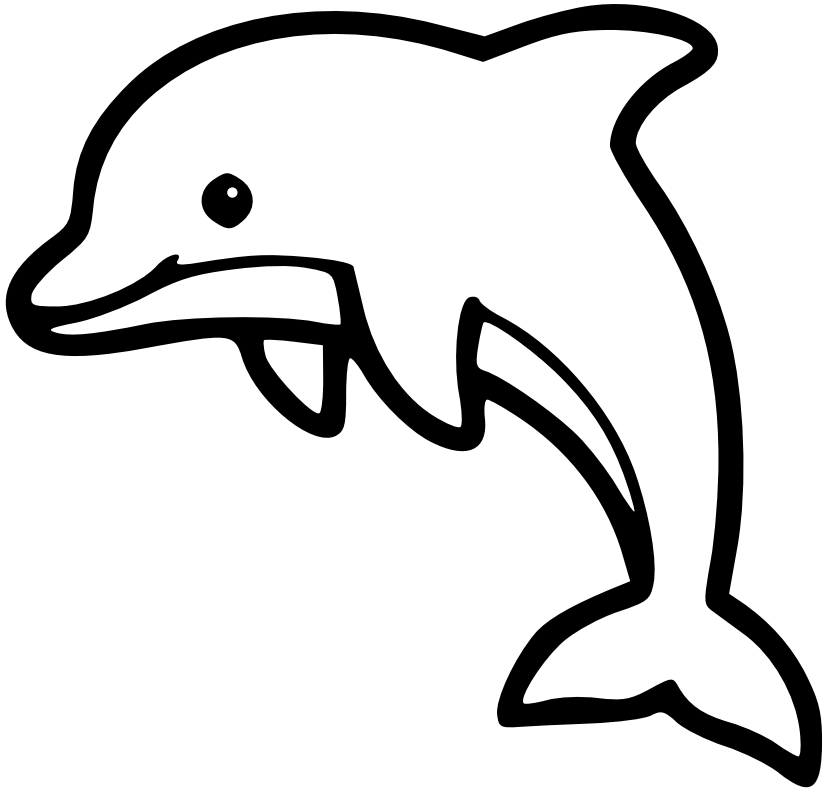
I CAN ASK FOR HELP AND RECEIVE CARE



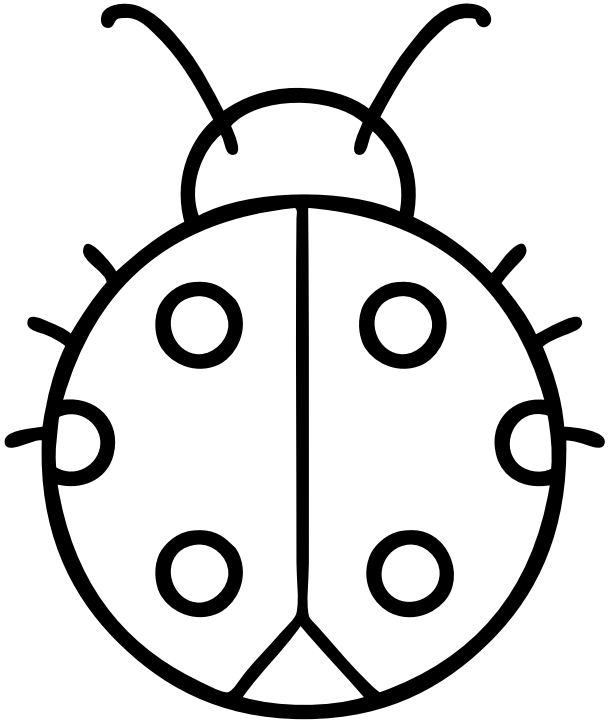
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I LEARN AND GROW
FROM MISTAKES.
I LOVE MYSELF
UNCONDITIONALLY.

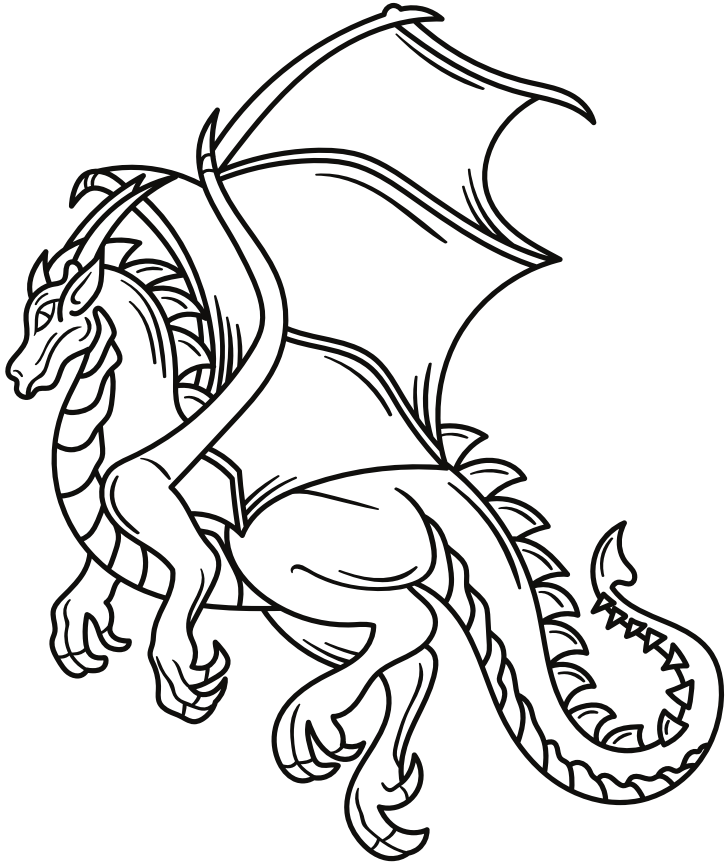


I AM GRATEFUL FOR LIFE.
I LOVE MYSELF
UNCONDITIONALLY.



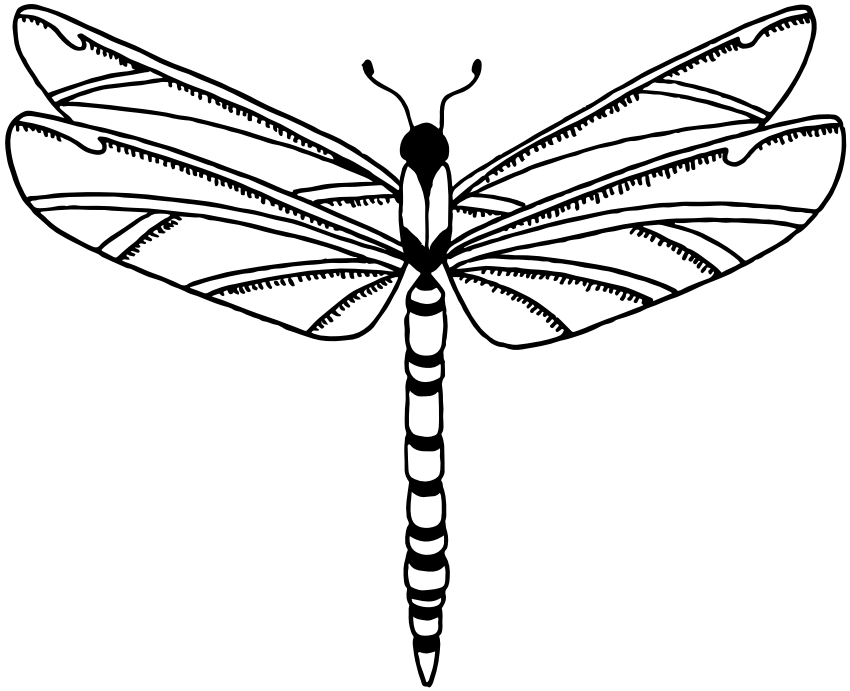
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I AM KIND AND BRAVE.
I LOVE MYSELF
UNCONDITIONALLY.



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I AM BEAUTIFUL AND
UNIQUE.
I LOVE MYSELF
UNCONDITIONALLY.



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